Seabury understands the unique needs of older adults who wish to “age in place” but may have concerns about safety, getting around, or other daily activities. Seabury Care Managers provide professional guidance and support for older adults, their families and caregivers that focuses on maintaining and enriching their quality of life.

Our Care Managers provide counsel to families on key issues, next steps, and connection to professionals who can make aging in place or transitions to senior living communities possible to promote a positive aging experience. Learn more about Care Management by calling (202) 364-0020 or emailing: cminfo@seaburyresources.org.
Dr. Elizabeth Boyd, Director of Congregational Resources, is offering a four-session facilitator training workshop online that will run on Tuesdays from September 20 to October 11 at 6:30 pm (EST).


“Church leaders who use the curriculum can offer older adults in their congregation an opportunity to grow spiritually.”

The Rev. Susan K. Walker
Episcopal Diocese of Washington

The series is designed to provide a space and a structure for exploring the challenges and rewards of aging within a spiritual context.

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<td>NAMING OUR SPIRITUAL NEEDS</td>
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<th>WEEK THREE:</th>
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<td>FROM DOING TO BEING</td>
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May 19, 2022, was a special day for Seabury as the Leadership in Aging Celebration was held at Eaton DC. The event had not taken place in person since 2019.

Highlights of the evening included the recognition of Mark Bucher, Co-Owner of Medium Rare restaurants and Founder of Feed the Fridge. United Bank received the Community Partner Award.

Seabury Board President, Susan Spurlark, Esq. welcomed donors, volunteers, and staff to a celebratory evening that recognized the many successes and contributions to our communities. $101,480 was raised at the event to decrease food insecurity and social isolation in addition to supporting programs for affordable permanent housing.

“The needs of older adults come first at Seabury. We serve and advocate for a great diversity of people in our communities.”

Susan Spurlark, Esq.
Seabury Board President
The ballots have been counted and the 2022 Ms. Senior DC has been crowned. Seabury congratulates Vené La Gon for her success.

Contestants competed for the title in four categories and are judged on their elegance, poise, and style during their interview, philosophy of life, and evening gown presentations.

Ms. La Gon will compete at the national Ms. Senior America at Hershey Park in September.