



Seabury is there for me.

annual report

Oct. 1, 2009 - Sept. 30, 2010



Seabury

at a glance



Photo by Elizabeth Rappaport

inside:

- 4-5 SENIOR LIVING
- 6-7 BUILDING COMMUNITY
- 4-5 SHARING OUR EXPERTISE
- 10-11 FINANCIALS
- 12-13 DONORS
- 14 HIGHLIGHTS
- 15 COMMUNITY RESOURCES / CONTACT INFORMATION
- 16 PARTNER WITH US

Mission: To provide personalized, affordable services and housing options to help older adults in the greater Washington, DC area live with independence and dignity.

History:

Founded in 1924, Seabury Resources for Aging was originally incorporated as the Episcopal Church Home to provide affordable retirement living options. A single family home, donated by Cornelia Jones, became the first residence for older persons, and within a decade, there were five homes and 31 residents. In 1958, the Episcopal Church Home moved to a new facility added onto an historic Georgetown home given by Mrs. Ella Sevier in memory of her husband's great grandfather. In 1970, Friendship Terrace was opened with a long term loan from the U.S. Department of Housing and Urban Development. In 1995 the Episcopal Church Home was renamed Episcopal Senior Ministries and began its outreach to older adults throughout the Episcopal Diocese of Washington (Montgomery, Prince George's, Charles, and St. Mary's Counties in Maryland and Washington DC), who prefer to remain in their own homes and communities and to support the development of programs for and by seniors at the congregation and community level. In 1996 our care management program was developed (known originally as ESM Cares) to partner with older adults, their families and other caregivers to manage the unique health and lifestyle challenges associated with aging. Christian Communities Group Homes (CCGH), brought its 19-year history of providing housing for low income seniors as well as the volunteer Age-In-Place program and became a subsidiary of Seabury in 2000. In 2009 Seabury was appointed by the Washington DC Office on Aging as the Lead Agency to plan and provide services for older adults living in DC's Ward 5. Also, in 2009, Springvale Terrace, which offers independent and assisted living, became a part of Seabury. And in 2010, Episcopal Senior Ministries changed its name to Seabury Resources for Aging. The name change reflects the organization's growth while ensuring that everyone feels welcomed to our homes and services. Seabury Resources for Aging draws on the Episcopal heritage of the organization by referencing Samuel Seabury, the first Episcopal Bishop consecrated in the United States.

Leadership:

Seabury is governed by a volunteer Board of Governors. The organization has thrived throughout the years because of its deeply committed volunteer leadership and staff, community partners, and caring donors.

Programs and Services:

Seabury is one of the only non profit organizations in the Washington area that serves older adults at all income levels by providing both services and housing options. In 2010, Seabury celebrated its 86th year of service, making it one of the oldest non-profits in the Washington area.



Message from the President of the Board and Executive Director

Dear Friends,

The Seabury story is best told by the entire Seabury community – our volunteers, staff, donors and most importantly, those we serve, older adults and caregivers. In this year's annual report, you'll read about Seabury's impact in the words of those we serve.

The fiscal year, ending September 30, 2010, represented a turning point for our organization. Our year began as we added Springvale Terrace to our service family enabling us to provide affordable assisted living and expand our senior living options. Just prior to the beginning of the fiscal year, we had stepped in to provide a wide array of services in Washington DC's Ward 5 through a new partnership with the DC Office on Aging. Care management initiated a Continuing Education Program to train fellow social workers. Our congregational services began to offer support to members of the United Church of Christ Potomac Association -- and we launched an updated website to provide easier access to our services and resources.

All this was done under the new name of Seabury Resources for Aging - the new name reflects our expanded services and housing options and our shared commitment to serve all regardless of religious affiliation while maintaining our Episcopal heritage and connection.

This year, Seabury Resources for Aging has grown as a family of organizations from a combined number of 50 employees to 120, increased our direct services to 3,500 individuals in the community and offered 355 affordable housing units. We invested a combined annual budget of \$7.4 million, assets of \$11 million, plus two large retirement communities and the services of more than 3,200 volunteers.

Through supporters like you, Seabury has been able to provide valuable resources in affordable housing and community services to older adults and caregivers throughout the Washington DC area.

To you, we offer our steadfast commitment and deep gratitude for contributing to Seabury Resources for Aging's success and nearly 90-year tradition of serving older adults and families in our community.

Joseph Howell
Board President
pictured right

Joseph E. Resch, Jr.
Executive Director
pictured left



FY 2010 Board of Directors

The Rt. Rev. John B. Chane
CHAIRMAN

Joseph Howell
PRESIDENT, All Souls, DC

Cynthia C. Hill Dopp
VICE PRESIDENT, St. Columba's Church, DC

Edward (Ned) Symes III
TREASURER St. John's, Lafayette Square, DC

Annesley (Anne) K. Schmidt
SECRETARY, Epiphany, DC

Roxanne Ando
Hyattsville Mennonite
(CHRISTIAN COMMUNITIES GROUP HOMES BOARD)

Geoffrey B. Baker
St. John's Lafayette Square, DC

Judith G. Bowes
St. Margaret's Church, DC

Michael Breads
Christ Congregational Church, MD
(SPRINGVALE TERRACE BOARD)

The Rev. Robert W. Carlson
Church of Our Saviour, Silver Spring

Susan K. Croft
Holy Trinity Church, Bowie

Hal C. DeCell, III
All Saints, Chevy Chase

Photo by Elizabeth Rappaport

Larry L. Ellis
Epiphany, DC

Marshall Ford
Trinity, DC

Sandra Renner
United Church of Christ of Seneca Valley, MD
(SPRINGVALE TERRACE BOARD)

Mary Ann Wilmer
St. George's, DC

John W. Welch
St. John's, Norwood



Seabury at Springvale Terrace became a subsidiary of Seabury this year. Originally developed by the United Church of Christ Homes, with loans from the Department of Housing and Urban Development, Springvale Terrace maintains its 45-year connection with the United Church of Christ through its board, volunteers and supporters.

Springvale brings affordable assisted living to the Seabury family of services, as well as independent living with enhanced care services such as housekeeping, medication management, and other personal care. Residents may choose the amount of care they need to maintain their independence. A Family Council helps with resident concerns, shares information, and improves communication with family members about activities and services at Springvale. A capital needs assessment was completed and identified the physical improvements

needed for the building to ensure resident comfort and safety.

Seabury at Friendship Terrace successfully refinanced this year to begin a 5.2 million dollar renovation project to increase energy efficiency, upgrade building systems, provide enhanced safety features and update the common areas of the building.

Contracts with Coordinated Management Services to manage Friendship Terrace and Springvale Terrace ensure that the quality of our communities remains high and have provided the expertise to assist with refinancing and renovation.

Seabury at Christian Communities Group Homes (CCGH) continues to offer shared and supportive housing to very low income, formerly homeless older adults. AARP sponsored a program on Universal Design at the Center for Aging Services, followed by a tour of the Andrus House, CCGH's universally designed home. AARP also

provided a grant to help complete the grounds at Andrus House. Washington Hospital Center's Medical House Calls Program began to meet the medical care needs of some CCGH residents.

The activities and volunteer programs at all the communities continue to be robust. Programs include musical performances, history and travel presentations, book clubs, drama therapy, worship services, movie night, and trips to local attractions, activities and restaurants. Student volunteers from area schools, volunteers from congregations, neighbors and others share their expertise and time with residents. Fannie Mae employees provided holiday gifts to 40 Friendship Terrace residents who are either low-income or without families. Holiday events and gifts for the residents of the three homes at CCGH were provided by UnitedHealth Care, Holy Trinity Catholic Church, the Council and friends.

Senior Living



Seabury provides 355 units of affordable living for older adults.

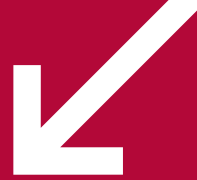
"At Seabury I am around people my own age." Earl Blake

"I am a musician. I've been a studio musician working on Broadway contracts. I've toured around the world with the USO, worked in Bermuda and the Catskills. I moved to DC about 25 years ago and rented a studio to practice. I played at the French embassy when the piano was so new it still had the price tag on.

I teach piano and had passed Friendship Terrace because one of my students lived nearby. When my apartment building began to be used as student housing, I decided to move here. Today, I still teach piano, mostly to older adults who have retired from other careers. I play piano in the lounge (at Friendship Terrace) some evenings and the residents join in for a sing-a-long."

Washington Post columnist John Kelly profiled Friendship Terrace resident Bob Shapiro who donates cigar boxes to patients in VA hospitals so that they have something nice in which to store personal items.





Seabury is there for me.

"I have been a volunteer with Christian Communities Group Homes, Inc. (CCGH) for about nine years. - Dusti Conner

In college, I began to volunteer with the Age-in-Place Program of CCGH. I enjoyed the service work to seniors in the community and stayed on to be a volunteer leader. I later was invited to join the CCGH Council. I served as the Secretary for about one year. I later did a brief stint as a volunteer coordinator. Today I maintain my relationship with CCGH by bringing my family and friends to visit the residents of the independent group homes. We gather throughout the year around holidays to share a meal.

My various roles with CCGH have allowed me to appreciate all of the aspects of the organization. I have seen how the Age-In-Place program has provided services that improved seniors' lives. The repairs, cleaning, and friendships have improved the physical and mental health of many people. I have helped to replace a window when a piece of plywood had been the substitute for years. Through

Dusti Conner pictured far right with James McSpadden former director of Christian Communities Group Homes and Tawana Moore, Age-In-Place coordinator at the Help the Homeless Walk.

the Age-In-Place program, seniors with limited income receive regular free yard maintenance. The presence of volunteers who care is enough to lighten the spirit of the most down hearted.

The residents of the group homes are humbling. They come from different walks of life, but make efforts to melt together to become a "family." The residents have retired from long careers and deserve a dignified life in retirement. CCGH offers comfortable, affordable housing to the elders of the community who are in need. It is important to me to see an organization such as CCGH doing so much to help the senior citizens of the community. CCGH is an avenue for volunteers like me to help senior citizens with a broad range of housing needs. Although my availability has changed, there has always been a place for me to serve at CCGH."

Help the Homeless mini walks, organized by Christian Communities Group Homes, involved more than 1,000 walkers and were held at these schools: Langdon, WB Patterson, tuart Hobson, Burroughs and Friendship Edison.

Did you know?

Seabury at Christian Communities Group Homes offers shared and supportive housing for very low income, often formerly homeless older adults.

Seabury at Springvale Terrace offers both independent and assisted living and also offers personal care services to its residents.

Seabury at Friendship Terrace offers independent living.

Photo by Elizabeth Rappaport



Seabury Resources for Aging provides free or affordable support in multiple ways for older adults, caregivers, and congregations. Seabury connects volunteers with older adults who wish to remain safely and comfortably in their homes by providing assistance with basic home cleaning and yard work through **Age-In-Place**. **Care Management** provides counsel and professional guidance to older adults and their families through a personalized care plan tailored to match an

individual's needs with available resources.

Congregational Resources works with Episcopal and United Church of Christ congregations to develop services and programs for and with older adults.

The City-wide Senior Center for the Blind and Visually Impaired provides independent living skills training, Braille and other communication skills training, music therapy, arts and crafts, and transportation to older adults who have or are losing their vision. **Ward 5 Aging Services** plans and directs services for Washington DC's

Ward 5 residents including health promotion, social and recreational activities, and case management. Seabury is also committed to education and advocacy and offering outreach initiatives, such as the transportation partnership with IONA, in Northwest Washington. This combined breadth of services, housing and community involvement gives Seabury an unmatched perspective in meeting the changing needs of older adults and their families.

Building Community



Through a TAPG grant from the DC Deputy Mayor's Office for Planning and Economic Development, Seabury provided care management services to 20 clients and 134 received home repair services through Age-In-Place. In addition, community presentations were coordinated on reverse mortgages, falls prevention and remaining more safely at home.

Each day Seabury serves more than 1,000 older adults. More than 3,200 volunteers share their time and skills through Seabury's programs and services.

Ward 5 Aging Services received a continuation grant to be the lead agency in Washington's Ward 5 from the DC Office on Aging. Ward 5 Aging Services operated four centers to assist older adults in completing the US Census forms. In addition to its regular programs and services Ward 5 opened a food bank this year to meet the requests for emergency food. At the Christmas holidays, Ward 5 Aging Services arranged to distribute 100 food baskets from the DC government and Israel Baptist Church to Ward 5 residents.

Each month, **Care Management** serves an average of 137 clients with 647 hours of service to assist clients. Care management provided more than \$136,000 in subsidies to client fees. Its free Helpline provided guidance regarding resources. Callers asked about caregiving, choosing a retirement community, and managing family conflict, to name a few concerns. Care management staff spend an average of 20 minutes with each caller helping them to identify their concerns and providing resources and referrals.



All photo on pages 6-7 by Elizabeth Rappaport



Seabury is there for me.

“Seabury helped me when I couldn’t help myself.”
– **Vivian Adams** (aged 85+ and an Age-In-Place client for nine years):

“I am in the Northeast area of Washington DC and have lived in my home for at least 45 years. The first time Age-In-Place came, about 4 or 5 volunteers who had taken the day off from their jobs, came and did housecleaning and yard work. When they left the house was squeaky clean – they did the windows and blinds. They made friends with the grandchildren and a volunteer couple is still very good friends of the family and the grandchildren. There are certain things that I just can’t do anymore. I’ve got steps to climb and a house to clean. I feel very grateful and very blessed to have these folks come out and help me at a time when I couldn’t help myself. I certainly could not afford to have someone to come in and keep the house clean. Age-In-Place has been a lifeline for me.

It is a wonderful way to have children realize that they can be helpful across the board not only to persons their own age but people who are elderly. After they

leave, you just think about what wonderful people they are going to be when they get out into the world after having had this experience. Most times they are giving up their vacation or spring break so it has to be memorable to them. It must instill in them some sort of lasting desire to always be helpful and always know the rewards of helping others.”

- Community Programs**
- Age-In-Place
- Care Management
- City-wide Senior Center for the Blind and Visually Impaired
- Congregational Resources
- Ward 5 Aging Services

This Year:

315

projects completed by more than 2,200 volunteers in the Age-In-Place program and another 199 were completed through the pilot Home Repair and Maintenance Program.

148,000

meals were provided by Seabury to older adults in Ward 5.

250

seniors each week received home-delivered meals provided by Seabury.

More than

500

people attended educational and recognition events coordinated by Seabury.

328

people called the Information and Assistance HelpLine

Seabury’s Community Programs



Seabury's **Care Management** program began offering Continuing Education Unit (CEU) programs to social workers and assisted living administrators this year. CEU program topics included Sexuality and Seniors, Successful Aging, Resiliency in Women as They Age, Motivational Interviewing, Dementia, Depression and Delirium, reaching more than 200 professionals. Staff presented to 120 attendees at a CEU conference for the Montgomery County Mental Health Association. A presentation to the members of GROWS, a Montgomery County, MD, networking group reached

another 200 professionals with information on working with caregivers.

Seabury exhibited at the NBC4 Health and Fitness Expo as well as other resource fairs in the metro area. **Ward 5 Aging Services** Social Work staff presented programs on "Thinking My Way to Happiness" and "Holiday Memories" to older adults in DC's Ward 5. A Fall Prevention Program, coordinated by Ward 5 and Congregational Resources, introduced proven interventions such as exercise, medication management and home modifications to Ward 5 older adults.

Congregational Resources coordinated presentations to congregations on topics including transportation, fraud and scams, caregiver balance, and re-visioning older adult ministries. A vibrant volunteer Contact Program continues to link Seabury with the concerns and interests of congregations and the community. Seabury upheld its covenant with the Episcopal Diocese of Washington which recognizes Seabury as the lead coordinating organization for older adult programs and services in the Diocese. For several years, the first Sunday in May is designated Episcopal Senior Ministries Sunday in the Episcopal Diocese of Washington.

Sharing our Expertise

Photo by Elizabeth Rappaport



Adela is an artist and leads a weekly resident art group at Springvale Terrace. She is also the author of "From The Same Tree."

Seabury reached more than 70,000 people this year with educational and resource information through our personal outreach efforts, presentations to community groups, and participation in networking and professional development activities.

"At Seabury I'm surrounded by people who accept my limitations."

— Adela Tate

"I was born and raised in Washington DC. When I got a little older, my relatives didn't want me to live by myself. Here, I'm surrounded by people who accept my limitations. I'm not the only one who has to use a walker or a cane. I've met some

close friends here who are varied in their past lives. Not everyone is an artist or teacher but everyone here is someone. It is an interesting, rather well educated group."





Seabury is there for me.

“Seabury provides me with guidance and expertise to help me make decisions.” Walter Kraus (age 74, care management client) has been married to his wife Hannelore for 53 years.

I decided to give up the house and move to a retirement community because of my wife’s health needs. She’d been diagnosed with (probable) Alzheimer’s. I got references to three care management organizations, and I spoke to all of them. I was more impressed with Seabury and the services that were offered than I was with the others. I wanted someone on my side looking out for our interests and making suggestions. Seabury’s Care Management program has served us well in that capacity. Seabury has provided suggestions regarding the move itself, adjusting, considerations in planning and what legal documents I need to have

prepared. As a caregiver, you learn that you must take care of yourself otherwise you are of no value to yourself or the person you care for. You never know what life brings, so knowing that your affairs are organized that is then a peace of mind – you think what if something happened to me, what would happen to my loved one?

It is a case of being covered for yourself but also for your loved one. It is an education process, I rely on the expertise of Seabury’s care management because they deal with it every day because it is their profession. To us, it is a phase of our lives, and every time I turn around there is another thing I didn’t know or think of. So you have to realize that you need to talk to someone to find out the information. A consultant is somebody to tell you in which direction to go and what are the opportunities and where can you read about or find out more information.”

Proud to be of service

Alberta Clark (age 75, volunteer and participant at a Seabury nutrition site): “I started volunteering here when I was aged 62. I help set up for the day, serve food to those who don’t walk well, and help with clean up. It is important to have the centers for seniors to get out. A lot of them don’t get meals until they come to the center and for some of them the center meal is the only one they get. They are glad to get out, have a place to come to and feel welcome.

I volunteer because I enjoy helping the seniors and I always bear in mind that one day I’m going to be in that position too. As long as I can help, I will. I’m 75 years old. I have my ups and downs, but I’m still trying. The seniors tell me how thankful they are for me helping them. I’m proud to have been and still be of service.”

“Seabury is a wonderful resource.” – CB Wooldridge (aged 68)
Seabury Parish Contact for St. Pauls K Street:

“The information I get from Seabury comes through the Seabury newsletter and the monthly parish contact meetings. Those meetings are so informative because of the subject matter and the opportunity to hear from other contacts about what they are doing in their congregations to meet the needs of seniors. Seabury is the resource I go to and say - how can you help us replicate what has been developed for seniors at another congregation? Seabury gives me solid information that I need to know not only for myself but for the members of my congregation.”



Financial Statements

The following audited financial statements are for the fiscal year from October 1, 2009 through September 30, 2010. Hozik & Company, P.L.C. audited Seabury Resources for Aging and Christian Communities Group Homes, Inc. and Grubman Anand, P.C. audited Episcopal Church Home, Friendship, Inc. and Springvale Terrace, Inc.

Seabury Resources for Aging

Revenue

Program Revenue	\$ 746,354
Management Contracts	145,163
Contributions & Grants	1,773,645
Investment Income (Loss)	1,055,716
Conditional Trust Distribution	39,000
Perpetual Trust Gain (Loss)	19,346
Special Events Revenue	51,240
Miscellaneous Income	161

Total Revenue **\$3,829,628**

Expenses

Program	\$ 2,325,077
General and Administrative	41,148
Fundraising	19,454

Total Expenses **\$ 2,385,679**

Change in Net Assets **\$ 1,443,949**

Net Assets, End of Year **\$ 10,860,278**

Christian Communities Group Homes, Inc.

Revenue

Resident Fees	\$148,059
Age-In-Place HRM Fees	28,656
Grants	370,334
Special Events	50,710
Contributions in-kind	162,079
Contributions	19,357
Misc. and Interest	3,229
Net Assets Released from Restrictions	3,000

Total Revenue and Support **\$801,377**

Expenses

Program Services	\$720,158
General and Administrative	65,374
Fundraising	31,855

Total Expenses **\$817,387**

Change in Net Assets **(\$29,489)**

Net Assets, End of Year **\$143,402**

“Seabury makes my life a lot easier.”

Mary Schamp

“My daughter lives only three blocks from Springvale Terrace. I get to see her a lot more than if I were living in my house. I was skipping meals when I lived alone. You get interested in something else and forget about food. It is important to eat. I enjoy the people here, but you also have ample time for yourself. My daughter comes over or I walk to meet her in Silver Spring. I can do what I want to do. I enjoy feeding the birds, I used to feed the deer at my home of 42 years. I had lots of independence before, I was on a house on a two acre lot. It was a little too much and you don't get to know your neighbors too well. You have to get out and walk to meet neighbors and they work. Here you talk to people a lot and do activities together. “



**Episcopal Church Home, Friendship, Inc.
Friendship Terrace**

Revenue

Rent Revenue	\$1,604,567
Services Income	469,033
Financial Income	25,942
Other Revenue	87,848
Net Income from Perpetual Trust	37,434

Total Revenue \$2,224,824

Expenses

Administration	\$396,675
Utilities	362,467
Operating/Maintenance	431,230
Taxes and Insurance	150,300
Financial Expenses	100,869
Services Expenses	547,466
Other Expenses	1,559
Depreciation	255,237

Total Expenses \$2,245,803

Change in Net Assets (20,979)

Net Assets, End of Year \$2,878,111

Springvale Terrace, Inc.

Revenue

Rent Revenue	\$ 897,622
Services Revenue	1,186,533
Financial Revenue	1,597
Miscellaneous Revenue	13,851

Total Revenue \$ 2,099,603

Expenses

Administrative Expenses	\$ 369,717
Utilities	184,252
Operations and Maintenance	229,453
Taxes and Insurance	255,846
Financial Expenses	19,527
Service Expenses	999,908
Depreciation	40,900
Amortization Expenses	245,307

Total Expenses \$ 2,344,910

Change in Net Assets (204,407)

Net Assests \$ 2,346,702

Thank you to the members of our advisory councils for Care Management, Christian Communities Group Homes, Ward 5 Aging Services, and Friendship Terrace which assist with promoting, maintaining the quality, and sometimes evaluating the service to meet the needs of clients and residents and their families/caregivers.

\$100,000+

The District of Columbia
Office on Aging

\$50,000-\$99,999

Fannie Mae
The Morris and Gwendolyn
Cafritz Foundation
The DC Office of the Deputy Mayor
for Planning & Economic
Development
The Alice B. Stearns Memorial
Trust

\$20,000-\$49,999

The Agua Fund
The Naselli-Wardman Trust

\$10,000-\$19,999

AARP, DC
Center for Neighborhood
Enterprise
Clark-Winchcole Foundation
The Max and Victoria Dreyfus
Foundation
John Edward Fowler Memorial
Foundation
Rapoport Foundation
The Lillian Wardman Trust
The Episcopal Diocese of
Washington
United Way of the National
Capital Area (*Campaign
Donors and Community Impact
Fund*)

\$5,000-\$9,999

Organizations
All Souls Memorial Church
The Chase Trusts
Corina Higginson Trust
The John Dickson Home
Wells Fargo Foundation
Wings Enterprises

\$2,500-\$4,999

Individuals
Estate of Lillie Peterson
Individuals through Network
for Good
The Katherine Lindsay Howell
Fund

Organizations

Brown Advisory Charitable
Foundation
Coordinated Services Management

Holy Trinity Catholic Church
Home Depot Foundation
Homewood Retirement Centers
WSA St. Alban's

\$1,000-\$2,499**Individuals**

Mr. and Mrs. Geoffrey and
Kathryn Baker
Mr. Burrus Carnahan and Ms. Cindy
Stewart Carnahan
Mrs. Hope Childs
Mr. Alex Lichtenstein
Mr. A. Bartley McIntyre
Mr. Joseph E. Resch, Jr.
Mr. and Mrs. Edward Symes, III
Mr. W. Waller Thompson
Ms. Sue Titman and
Ms. Julia Neel

Organizations

America's Charities
Christ Church, Georgetown
Warren Cross Family Foundation
EDG Architects
Family and Nursing Care
Home Care Assistance of
Maryland
Klein Hornig, LLP
Joseph Gawler's Sons, Inc.
The Georgetown
The Methodist Home of DC
Right at Home
Sodexo, Inc.
Wings Enterprises
United Healthcare

\$500-\$999**Individuals**

Mr. and Mrs. Daniel and
Marti Bailey
Mr. and Mrs. Daniel Bourque
Mr. and Mrs. Michael Breads
Atty. Michael Collins
Ms. Suellen Curkendall and
Mr. Steven Phillips
Mr. Michael Dopp and
Mrs. Cynthia Hill Dopp
Mr. and Mrs. Richard England
Ms. Linda Gehr
Mr. and Mrs. William Greer, Jr.
Mr. Michael Hardiman, Jr.
Ms. Sallie Holder
Ms. Lillian Howard
Mr. and Mrs. Vance McSpadden
Mr. and Mrs. David Mueller
Ms. Toni Ritzenberg
Mr. C. Thomas Van Alen

Organizations

AAA Warman Home Care, LLC
Bestcare Homecare, Inc.
Goodwin House, Inc.
Help Unlimited, Inc.
Houseworks, LLC
Nutrition, Inc.
St. Anna's Fund
St. John's Church, Olney
St. Patrick's Catholic Church
Southland Concrete
Tall Oaks Assisted Living
Tricapital Advisors, Inc.
Women of St. Francis

\$250-\$499**Individuals**

Mrs. Roxanne Ando
Mrs. Mabra Barge
Ms. Judith Bowes
Mrs. Stephanie Chong
Mr. John Czajka
Mr. Hal DeCell III
Mr. Sean Delaney
Ms. Margaret Easter
Mr. and Mrs. Roland Hoover
The Rev. Dr. Carol Jablonski
Mr. and Mrs. Elizabeth and
Tom Fox
Ms. Angela Franco
Dr. Andrew Gaskins
Mr. Robert Gazzola
Rev. Doug Griffin
Mr. James McCullough
Mr. Mark Myers and
Ms. Elizabeth Mimi Castaldi
Mrs. Tracey Nugent
Ms. Margaret Parke
Mr. Richard Price
Mr. Eric Quarles
Mr. and Mrs. William Raspberry
Mr. and Mrs. Sandra and
Bill Renner
Mrs. Anne Werner Richardson
Mr. Kevin Russell
Mr. and Mrs. William Schaefer
Mr. and Mrs. Greg Welter

Organizations

Gentle Steps Assisted Living
Grace Church, Silver Spring
Jones & McIntyre, PLLC
Mental Health Association
Mount Vernon Triangle CID
O'Brien & Gere Limited
Romear & Associates, LLC
St. Andrew's Church,
College Park
St. Columba's Church
St. James Church, Potomac
St. Luke's Church, DC

St. Margaret's Church, DC
St. Peter's Church, Poolesville
Somerset Development
Transitional Housing
Corporation
Trinity Church, DC
Trustpoint Insurance, LLC
Victory Housing

\$100-\$249**Individuals**

Anonymous
Mr. and Mrs. Ronald Abeles
Ms. Vivian Adams
Mr. Grant Bagley
Mr. and Mrs. Richard Beatty
Mrs. Elizabeth Berry
Rev. and Mrs. Robert Boulter
Mr. and Mrs. Daniel Bowen
Ms. Anne Brennan
Mr. and Mrs. Parke Brown, Jr.
Mr. and Mrs. Dan and
Mary Ann Buckley
Rev. and Mrs. Robert and
Beth Carlson
Ms. Doris Celarier
Mr. and Mrs. Harvey Chaplin, Jr.
Mr. and Mrs. Joe Connolly
Mrs. Barbara Craig
Mrs. Susan Croft
Mr. James Crouch
Mr. Daniel Crowley
Mr. and Mrs. H. Greig
Cummings, Jr.
Mr. William Dakin
Ms. Adrienne Dale
Mr. Don Daughettee
Ms. Mary Dean
Mr. Roland Dedmon
Ms. Carolyn Dent
Ms. Patricia Dixon
Ms. Lucy B. W. Dunson
Mr. and Mrs. Robert Eager
Mr. George Eagle
Ms. Shelly Edwards
Mr. Lance Elliott
Mr. Larry Ellis
Ms. Sheila Evans
Mr. Peter Feller
Mr. Joseph Fitzpatrick
Mr. Marshall Ford
Mr. Alan Gabbay
Mrs. Martha Gaston
Mr. Brandon Gay
Ms. Mary Anne Gibbons
Ms. Ruth Goodchild
Mr. and Mrs. Wayne Gordon
Mr. Darryl Gorman
Ms. Nordica Green
Mr. and Mrs. William Greer, Jr.
Mr. Steve Gurney



Mr. John Gurney
 Ms. Iola Hall
 Ms. Sherrill Hall
 Ltc. Edward Harris
 Ms. Shelley Harris
 Mr. William Harris
 Mr. Jean Harper
 Ms. Vivian Hoban
 Mr. Christopher Hoge
 Ms. Glenda Hudson
 Dr. John Hutchings
 Dr. Irene Jackson-Brown
 Mr. and Mrs. Richard Johnson
 Mr. James Johnstone
 Mr. Michael Kreft
 Father Ralph Kuehner
 Ms. Margaret Krusell
 Mrs. Arleen Leis
 Mr. Robert Long
 Mr. and Mrs. Angus Macbeth
 Mrs. Lucy Marr
 Mr. Gaylord McKoy
 Ms. Emily Riggs
 McNaughton
 Mr. and Mrs. Robert McNichols
 Ms. Bernice Mickles
 Mr. and Mrs. Rich and Elizabeth Moran
 Mrs. Christine Morton
 Mr. and Mrs. Doyle Murray
 Ms. Kevie Niland
 Ms. Maureen O'Connor/
 Mr. Mark D. Jacobson
 Mr. and Mrs. Daniel O'Lone
 Mr. and Mrs. Craig Parker
 Ms. Judith Peterson
 Mrs. Melba Piersma
 Mr. James Pryde
 Mrs. Dawn Quattlebaum
 Ms. Kathryn Collison Ray
 Mr. and Mrs. George Rest
 Ms. Diane Robinson
 Ms. Veschelle Robinson
 Mrs. Ruth Constance Russell
 Mr. and Mrs. Richard Saltsman
 Mr. and Mrs. Toni Schmidt
 Ms. Margaret Shepard
 Mr. and Mrs. David Shirley
 Mr. and Mrs. James Shook
 Ms. Paula Singleton

Ms. Sally Stoecker
 Mrs. Irene Stoess
 Ms. Barbara Strother
 Mr. and Mrs. David Stuart
 Dr. Estelle Taylor
 Mr. and Mrs. William and Ellen Taylor
 Mr. Chapman Todd/
 Ms. Willa Day Morris
 Mr. Samuel Van Culin, Jr.
 Mr. John Vanderstar
 Ms. Alice Wagner
 Ms. Sandy Walker
 Mrs. Lisa Walsh
 Mrs. Carrie Weaver
 Ms. Sally White/
 Mr. Robert E. Drucker
 Mrs. Hilda Wing
 Ms. Barbara Woodall/
 Mr. Scott Kragie
 Ms. Merriam Woodhouse
 Mr. C.B. Wooldridge
 Ms. Trellis Wright
 Mr. George Ziener/
 Ms. Mary Lou Fahey

Organizations

Beyond the Box Relocation and Design
 Boston Market, College Park
 Burroughs Elementary
 Cheerway Care, Inc.
 Home Instead Senior Care
 Langdon Elementary
 Legacy Management
 Rubenstein Charity Foundation
 Sage Designs
 St. John's Church, Georgetown
 St. Mark's Church, Capitol Hill
 St. Mary's Court
 St. Michael's, The Archangel, Silver Spring
 Wilkins Exterminators

Memorial Gifts

In Memory Of Mr. Kirk Gaskins
 Dr. Andrew Gaskins

Honorary Gifts

In Honor of Mrs. Judith Bowes
 Mr. & Mrs. William Greer, Jr.

In Honor of
Mrs. Stephanie Chong
 Mr. and Mrs. Wayne Gordon

In Honor of
Mr. Steven Gurney
 Mr. Richard Gurney
 Mr. Wesley Gurney
 Ms. Marilyn Manser

In Honor of
Mr. Alex Lichtenstein
 Ms. Emily Riggs McNaughton

In Honor of Mrs. Vera Mayer
 Mrs. Marla Lahat

In Honor of Mrs. Louise Peymann
 Mrs. Ann Hewitt

In Honor of
Mr. Joseph Resch, Jr.
 Ms. Maureen O'Connor
 Mr. Mark Jacobson
 Mr. & Mrs. David Shirley

In Honor of Ms. Joanie Rufo
 Mr. Joseph Fitzpatrick

We at Seabury Resources for Aging are pleased to recognize the individuals, corporations, foundations, and government agencies whose support in FY 2010 provided the critical funds needed to sustain and enhance services for older adults and their families.

All contributions of time, talents and resources are valued by our organization and are key to our ability in doing our work.

**Thank you
 for your support.**

*AS OF SEPTEMBER 30, 2010





Friendship Terrace Volunteer Breakfast honored both community and resident volunteers. Pictured is resident Billy White.



Ward 5 Community Day brought health promotion, community resources as well as food, dancing and fun to older adults living in DC's Ward 5.



The Most Rev. Dr. Katharine Jefferts Schori, Presiding Bishop of the Episcopal Church USA, pictured with Board members Cindy Hill Dopp and The Rev. Robert Carlson, toured Springvale Terrace and learned about Seabury's programs and services.

Highlights Special Events



Senior Celebration

The Rev. Margaret B. Guenther, was the preacher and Bishop Chane celebrated the service in the nave of the National Cathedral recognizing the contributions of older adults to their congregation and community.

Pictured is Springvale Terrace resident Betty Bierer.

Seabury Resources on Aging was approved to continue to be "One of the Best" of the Catalogue for Philanthropy for the Washington, DC area.

Bishop's Tea

Fifty-six parish contacts, clergy and board attended the Bishop's Tea which recognized the key role that parish contacts play in the Diocese as a link between Seabury and parishes. Parish contacts share resources and information with their congregation about aging.



Pictured are Barbara Ramos, Parish Contact from St. Luke's, DC and Board member Marshall Ford.

The Seabury Leadership in Aging Awards Gala Magical Moments 2011

was the best attended and the most successful event thus far. More than \$55,000 was netted. The event was chaired by Joanie Rufo and Leadership in Aging Awards were presented to Steve Gurney, Founder and Editor of the Sourcebook/Guide to Retirement Living and Vera Mayer, Chair of the DC Coalition on Long Term Care and former DC Ombudsman.



Resources

there for you.

Photo by Elizabeth Rappaport



Metro DC Resources

- **HelpLine**, free information and guidance, (202) 364-0020
- **Care Management**, professional guidance and support to older adults and families, (202) 364-0020
- **Congregational Resources**, working with Episcopal and United Church of Christ congregations to develop programs and services by and with older adults, (202) 414-6314

Washington DC Community Resources

- **Age-In-Place**, coordinates volunteers to provide housecleaning and yard work services at no charge to older adults, (202) 635-9384, ext. 105
- **Senior Center for the Blind and Visually Impaired**, a city-wide program to enhance the quality of life of older adults who have lost or are losing their vision, (202) 269-9576
- **Ward 5 Aging Services**, plans and delivers services to Ward 5 residents aged 60+ and caregivers such as home delivered meals and group meal sites, nutrition counseling and education, case management, transportation access and social events. In addition a **Food Bank** (open by appointment) provides non perishable food items. Call (202) 529-8701.

Senior Living

- **Seabury at Friendship Terrace**, offers affordable retirement living in upper Northwest Washington 202-244-7400.
- **Seabury at Springvale Terrace** offers affordable retirement and assisted living close to downtown Silver Spring (301) 587-0190
- **Seabury at Christian Communities Group Homes** offers shared and supportive housing 202-635-9384, ext. 107

Partner with Us

- Visit our website, www.seaburyresources.org to learn more, make a contribution, or volunteer
- Like us on Facebook
- Follow us on Twitter [@seaburysays](https://twitter.com/seaburysays)
- Volunteer with us, email volunteer@seaburyresources.org or call 301-938-5520.
- Contribute through United Way or Combined Federal Campaign



“It is hard to cope with the loss of sight as you get older.”

Gloria Duckett, Director since 2002 of the City-wide Senior Center for the Blind & Visually Impaired

“Participants come to the center from all over Washington DC. Most of them are totally blind but some have some vision. A few also have hearing impairment.

It is not always age-related vision loss but may be due to diabetes, glaucoma or some other type of eye disease. It varies at what age their vision went. Some started at 60; most are in their 70s. At the center we teach independent living skills, mobility skills and Braille. We also have exercise each day and we go on day trips to places like the Arboretum and Bladensburg Waterfront Park. In addition to vision loss, some may have early dementia So we do things to keep the mind exercised like dominos, bingo, and word games. Seabury connects participants with their peers. Some participants live alone and are prone to getting depressed. They lose a lot of family members so there is no one for them to turn to. The purpose of the program is so that they may live the remainder of their lives comfortably and joyfully. They like being out with peers or just being out with someone. When we have to close for snow, it does something to them when we say the center is going to be closed, they say “oh no” because there is no other place they go to. They definitely depend on coming to the center.”



Photo by Elizabeth Rappaport



Seabury Resources for Aging depends on the time, talents and treasures of members of the community. There are a variety of ways that you can make a difference in the lives of older adults and their families in the greater Washington, DC area:

Contact us at
202.289.5690

Partner With Us make a difference

Make a Financial Contribution

Gifts of all sizes are appreciated. You can donate online at www.seaburyresources.org or by calling 202-414-6313.

Employer Matching Gifts

Double or even triple the impact of your gift. Contact your employer for details.

Gifts of Stock

Make a great investment – into the work of Seabury Resources for Aging. Gifts of appreciated securities can be made to help further our daily work to help area older adults.

Memorial and Honorary Gifts

Make a gift in honor or memory of a loved one.

Give an Item (or Two) off our Wish List

Visit our Wish List on our website (www.seaburyresources.org) frequently and fulfill an immediate need of one of our programs.

Make a Planned Gift

Leave a Legacy by making a planned gift to Seabury Resources for Aging through bequests, charitable gift trusts, annuities, real estate and other planned gift vehicles. A variety of options are available providing charitable tax deductions and stable income for life. For more information, please contact the Development office at 202-414-6313.

Congregational Support

Support is needed on a variety of levels from hosting programs, sharing resources with members of your congregation, and supporting us financially. For more information about congregational resources, call (202) 414-6314.

Volunteer

Seabury Resources for Aging began through the response of volunteers to a need in the community and is continuously dependent on volunteers. Volunteer with us, call 301-938-5520 or email volunteer@seaburyresources.org



Seabury Ward 5 Aging Services, Christian Communities Group Homes and the Age-In-Place programs are part of the DC Office on Aging Senior Services Network



Seabury Resources for Aging is proud to be part of the Catalogue for Philanthropy: Greater Washington



Sign up for Enewsletters, check out our events calendar, and get links and information about resources and services at our website: www.seaburyresources.org

4201 Butterworth Place, N.W., Washington, D.C . 20016