

Please join me in praying Psalm 34, verses 1-8

[pause long enough to take a breath]

**I will bless the Lord at all times;
his praise shall ever be in my mouth.**

**I will glory in the Lord;
let the humble hear and rejoice.**

**Proclaim with me the greatness of the Lord;
let us exalt his Name together.**

**I sought the Lord, and he answered me
and delivered me out of all my terror.**

**Look upon him and be radiant,
and let not your faces be ashamed.**

**I called in my affliction and the Lord heard me
and saved me from all my troubles.**

**The angel of the Lord encompasses those who fear him,
and he will deliver them.**

**Taste and see that the Lord is good;
happy are they who trust in him!**