

**EPISCOPAL SENIOR MINISTRIES  
Parish Volunteer Services  
Meeting of Parish Contacts  
St. Luke's DC September 10, 2009**

*Synopsis: 15 parishes were represented at this first of 2009-2010. The purpose of this meeting was to introduce the parish contacts for 2009-2010, share upcoming meetings, topics and events, and to begin the discussion of role of parish contacts. As ESM works in Covenant Partnership with the Episcopal Diocese of Washington, the Parish Contacts asked for a copy of that Agreement. In the absence of Ms. Wilmer, the Chair, the program was run by Annie Shaw.*

Parish Contacts introduced themselves by describing their parish activities. While some parishes have specific programs for "seniors", for others, the older adults are in all groups and have no need or time for a specific program. Outreach, Inreach, all facets of parish life is led by older adults.

**Announcements:**

-November discussions will focus on "transportation" or "transportation ministries" and will be held regionally:

November 12, 2009 at 11am – St. Luke's Parish, 15 & P Streets, NW

November 17, 2009 - St. James Potomac and

November 18, 2009 at noon at Christ Church, Clinton

-St. Philip's Senior Van Ministry Fundraiser – October 24, 2009 noon to 4pm Contact St. Philip's Baden, 13801 Baden Westwood Road, Brandywine, MD 20613

-Parishes are encouraged to participate in the One day of service for Episcopal Affiliated Housing during this year. Parishes should send reports and photos to Kate Lewis of ESM for publicity. Parish Contact meeting dates and topics for 2009-2010.

--*New*: monthly e-letter to Parish Contacts: Since ESM, like so many organizations, is conserving their resources by decreasing mail; a discussion arose on how to communicate with those parish contacts with no email access. This is a pertinent discussion as an upcoming parish contact E-letter will be distributed electronically or by fax. This is a problem warranting further discussion as many older adults are disenfranchised since they do not access or seek news via electronic means.

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**Attendance:**

Church of the Atonement: Jeannette P. Harris & Wilhelmenia Walden

Grace, Silver Spring: Theresa Wheeler

Our Saviour, Hillandale: Margaret Gordon

St. Augustine's: Joyce Blakely

St. Columba's: Betsy Bowman

St. George's, DC: Frances Jones & Louise Young

St. John's, Mount Rainier: Florian Knights

St. John's Norwood: The Rev. Harrison West

St. Luke's DC: Barbara Ramos

St. Margaret's, DC: Michie Hunt

St. Philip's Baden: Carrie Weaver

St. Timothy's DC: Otis Ducker

St. Timothy's, Decatur GA Desiree Godette (guest of Mrs. Knights & former parishioner, St. Timothy's DC)

Trinity, DC: Barbara Harvey

Annie Shaw, ESM Director of Parish Services

6. **ESM's speakers program** provides speakers or panels on topics which include (but are not limited to) care for caregivers, preventing falls in the home, is it the winter blues or depression, ask the care manager, age-in-place. If your parish is interested in hosting a talk to a group or in an Adult Forum, let me know. Invite the parish to phone ESM at 202-414-6314 to discuss these or other speaker topics.

7. **Falls Prevention.** We're developing a 1-time panel presentation for parishes And offering, as well, a series of 4-programs on evidence-based prevention for falls 1<sup>st</sup> series will be held at Nutrition Sites in Ward 5 in October and repeated in November ESM is delighted to bring all or part of this program to churches and senior groups