

Seabury



Resources for Aging

**Congregational Resources**

Parish Contact Meeting

St. Luke's Episcopal Church

June 10, 2010, 11:00am-1:30pm

**Attendance:**

Mary Ann Wilmer, Chair & SRA Board representative

The Rev. Virginia Brown-Nolan, Rector, St. Luke's

Jane Lincoln, AARP, St. Stephen & the Incarnation

Carol Page, DC AARP

Michael Breads, SRA Board member,

Christ UCC, SS

Joseph Resch, Ex Dir, SRA

Annie Shaw, Con. Res., SRA

Betsy Bowman, St. Columba's DC

Otis Ducker, St. Timothy's DC

Linda Ewald, St. Mark's Capitol Hill

Jeannette Harris, Atonement DC

Frances Jones, St. George's DC

Tyler Jones, St. Andrew's College Park

Arleen Leis, St. Philip's Laurel

Barbara Ramos, St. Luke's

Diane Robinson, Trinity DC

Paula Singleton, St. Luke's

Helen Urquhart, Christ, Kensington

Wilhelmenia Walden, Atonement, DC

Carrie Weaver, St. Philip's Baden

Theresa Wheeler, Grace SS

CB Wooldridge, St. Paul's K St

Louise Young, St. George's DC

11am. The meeting opened with prayer led by CB Woolridge.

Welcome was given by Mary Ann Wilmer at this final meeting of this term.

After attendees gave their names and home congregation, Mary Ann Wilmer provided updates from the last Seabury Resources for Aging meeting of the Board in which Annie Shaw reported on the activities of Congregational Resources and Springvale Terrace facility maintenance needs were discussed.

Annie Shaw led the group into a round-table listing by each church present of the services or programs they sponsored supporting older adults this year. From Senior Sunday celebrations and specific ministries (prayer shawls and Anglican rosaries), pastoral visitations and educational forums, monthly news articles in bulletins on issues of aging, social events, prayer studies, each church had a variety of services and programs supporting older adults. Mary Ann Wilmer charged Annie Shaw with creating a resource list of programs and services by parish and mailing this listing of all the varieties of older adult ministries along with the contact information of the representative. While most of this information will be posted on the webpage of Congregational Resources, the listing on the webpage will not publish the individual's personal contact information.

After the buffet lunch, Jane Lincoln, Project Manager -- Social Impact, Education & Outreach: Motivating change through knowledge, Health Section for the National AARP (accompanied by Carol Page, Associate Director of the DC AARP office) gave an informative and interactive presentation on the new health care law that is taking effect now through 2014. Multiple

handouts were provided by AARP targeting individuals over age 65, those individuals on Medicare on the donut hole, fraud, also individuals 50-64, young people under age 26. These handouts, as well as webinars on this topic, are available online at [www.aarp.org/getthefacts](http://www.aarp.org/getthefacts)

Attendees are urged to share these handouts and information with their home churches, their families and neighbors.

**Contact information for our speakers:**

Jane Lincoln, [jlincoln@aarp.org](mailto:jlincoln@aarp.org)

Carol A. Page, [cpage@aarp.org](mailto:cpage@aarp.org)

Mr. Joseph Resch expressed his appreciation on behalf of Seabury Resources for Aging to all the Parish Contacts for their work on behalf of older adults throughout the Diocese. The parish contacts received a certificate and a small bucket of thanks! The meeting closed at 1:30pm

Annie Shaw,  
Director, Congregational Resources  
Seabury Resources for Aging  
Note Taker

**Announcements**

**check out our website:** [www.seaburyresources.org](http://www.seaburyresources.org). Meeting Notes, current Parish Contacts are listed under the Congregational Resources tab. As you send notices to us, we can post your upcoming events/programs/church news articles for older adults on our page with a link to your parish website.

**Upcoming Events:**

June 13 – Service and luncheon for individuals 80+ with St. Luke’s DC & Christ, Clinton

June 20, July 18, August 1, August 15 – Conversations for/about Caregiving @ St. Andrew’s

August 21 – Fundraiser for the Senior Van Ministry of St. Philip’s, Baden

September 25 - a Seabury Congregational Resources event  
– Re-visioning Older Adult Ministry