



**Congregational Resources: Parish Contact Lunch & Learn Meeting
Springvale Terrace**

April 7, 2011, 11:30am-1:30pm

The Variety within Older Adult Ministries

Attendees:

Vikki Clayton, St. Peter's

Bonnie Draper, Landover Hills Baptist

Linda Ewald, St. Mark's DC

Linda Hall, All Saint's DC

Eleanor Hill, Calvary DC

Edna Jones, St. Philip's Baden

Arleen Leis, St. Philip's Laurel

Barbara Ramos, St. Luke's DC

Annie Shaw, Seabury Resources for
Aging

Gayle Stewart, Our Saviour, Brookland
Chuck Thornton, Seabury@Springvale
Terrace

Wilhelmina Walden, Atonement

Theresa Wheeler, Grace

Louise A. Young, St. George's DC

11:30am

Chuck Thornton, Marketing Director, welcomed parish contacts to Springvale Terrace.

Victoria Clayton, Pastoral Intern, opened our meeting with prayer

Annie Shaw, Congregational Resources, shared that Mary Ann Wilmer sent her apologies for missing the meeting, but was having emergency dental surgery.

Announcements: Betsy Bowman, parish contact from St. Columba's passed away this week and her memorial service will be after Easter.

Senior Celebrations is Monday May 2nd: Parish Contacts are asked to be present by 11:15am. Please also volunteer to assist with that day's festivities.

May 25 meet & greet Bishop Candidates, Collington Life Care Community, 1-2:30pm.

After a blessing from Vikki, soup and sandwiches were provided by Seabury @ Springvale Terrace

Parish Reports: review the ministry by and for older adults by congregation.

All Saints DC:

Parish Nurse program is underway. Linda Hall, All Saints, and Bonnie Draper, Landover Baptist, will graduate from the Faith-based nursing program at Shenandoah University in May. (Congratulations to you both!)

Focus is wellness, healing and spirituality.

Atonement, DC:

Senior Celebration luncheon & Speaker – held in January each year

Health Fair in Spring

Noted this year: Don't like being called Seniors. 2 older adults married and held a one year anniversary party! Another lady gave herself a surprise birthday party – and died the following week.

Calvary, DC

Calvary has extensive history archived with priests encouraged to donate their records to Calvary.

Most of us attending Calvary are seniors and we make the church run.

Active monthly Senior Group with programs and speakers offered one Monday/month.

Topics have included: transportation in Ward 5, income tax, how to live alone, gardening, special Black History program on Dorothy Height this year. Also, Spotlight on a person over age 90, and that individual is recognized at that meeting.

Intergenerational programs: Adopted local school. Runs an Etiquette program for girls, ECW and a Fall Women's Day.

May 7th from 11-2pm is the Sisterhood Tea. Previous speakers have been the Rev. Caryn Gwynn, the Rev. Norma Blackwell and the Rev. Mpho Tutu.

Current Project: SOAP FOR HAITI In partnership with CeCile House, Inc., Black Episcopal Churches (and all churches) are asked to collect bars of soap and hand sanitizers to help minimize the cholera outbreak in Haiti. Please collect soap in April and May 2011 and deliver soap to Calvary or contact Eleanor Hill at 202-547-5780 or leanormh@aol.com.

Grace Silver Spring

New Rector, the Rev. Andrew Walter, starts May 15.

Seniors are the active day-time volunteers with Pennyworth Thrift (provides money for building repairs), school, adult formation).

Black History Month focused on spirituals, slavery in the Episcopal Church, Life in Trinidad-Tobago.

Challenge: how do we transfer leadership to younger adults – to the boomers, in liturgy as well as programs.

Joy: Grace has experienced growth in its church family. Most diverse congregation in the Diocese.

Landover Baptist:

Bonnie offers health advocacy within the congregation. She speaks on end of life issues from her experience in hospice nursing. Brings in speakers on elder issues. Bulletin Board focuses on spiritual health. April, month concluding with Easter – has a split bulletin board with topics of blood of the lamb and blood donation.

Seniors run one entire service during older adult month.

Programs: Caring for the Caregiver, Care Ministry teams. This team provides twice weekly phone visits and personal home visits to homebound or to seniors who get out occasionally.

Christian charm/Man in Demand are youth etiquette programs with closing banquet.

Our Saviour, Brookland

Program: "Is your seatmate missing?" this program helps prevent folks from "falling through the cracks".

Naomi Project – book of local resources

Comfort Ministry – cross generational group makes blankets, prayer shawls
Recent workshops: Caregivers, Importance of physical therapy; pending: housing options

Challenges: one third of us is over 80. Unpaid staff; Sunday Supply priest.

Discovered Safe with historical documents: How do we preserve? - Diocese has archivist, Epiphany DC has archivist – Tripp Jones. Chuck Thornton suggested approaching local graduate schools: Howard, American Univ for assistance in preservation.

St. George's DC:

Senior Day is May 15.

Bulletin Board for Seniors includes activities within our church, other churches and communities.

St. George's has the oldest Senior Club in the Diocese and it has met for over 40 years monthly on the 2nd Tuesday. We are seeking to recruit new members and are sponsoring a Friday noon Lenten program with stations of the cross and soup and salad after. We have these special events each year: December outing; Black History Month and the June closing event.

St. Luke's DC:

Tuesday Senior Group is well attended and offers Bible Study, exercise programs, crafts and takes one trip/month.

Telephone tree alerts congregation

Archives from previous rectors are stored on 3rd floor.

Recent retreat: Quiet Ministry: focused on "Who are we? Who do I say I am?" and was led by Kim Baker and Fr. Hayden.

St. Luke's day: physician will speak.

St. Mark's, Capitol Hill:

Care-givers support group

Answering Angels answer parish office phones 3 hr/day

Caregivers

Christian Formation group for Older Adults – learning about & re-affirming faith.

Wednesday morning Bible Study

Third Agers meet 3x year for potluck lunch and speakers from within the congregation.

Gifts and Talents: Know about your members – often you'll find all the resources from within: From within the congregation have speakers on topics as varied as DeCluttering, Play-reading Coach, Gamers, Musicians, State Department, Capitol Hill Village health topics.

Talk your Story: Intergenerational video history project. Topics include: How St. Mark's began; Veterans (WW2 and Afghanistan).

Reaching out with Healing – healing service has been professionally recorded and now on cd.

Skype Worship: Services can "go live" via skype. This is a church Father-Son project.

St. Peter's, Poolesville:

St. Peter's has young families, small groups of older adults. Seniors are active in leading and teaching vacation Bible School, Cookie Ministry, Building Community Garden.

St. Philip's Baden:

Our sympathy goes to Edna Jones after the loss of her grandchild.

May 1 is St. Philip's Day with intergenerational chancel drama about St. Philip.

Feed My Sheep: Meal & Visitation program is ongoing (25 years)

Telephone Re-assurance program

St. Philip's Senior Van Ministry is now partnered with Greater Baden and provides unduplicated transportation for seniors in the region. A fundraiser was held March 25th.

St. Philip's Laurel:

St. Philip's is going through a transition to younger leadership. While there are no specific "senior ministries", a strength of the congregation is that older adults are involved throughout the programming at church, including prayer shawl and transportation ministries and community outreach.

Mentoring is a focus.

The parish contact provides resources when pastoral needs arise. She writes a monthly column for senior ministries with news and health information and is seeking to expand that to posting on website.

Our meeting went over the time allotted. Vikki Clayton gave the closing prayer and we adjourned.

Annie Shaw, Note Taker

CONGREGATIONAL RESOURCES EVENTS

Sunday, May 1, 2011 - Diocesan-wide OPEN HOUSE for Episcopal-Affiliated senior living communities

Monday, May 2, 2011 – SENIOR CELEBRATIONS – Washington National Cathedral

Wednesday, May 25, 2011 – Meet and Greet the candidates for Bishop of Washington. This meet and greet is designed for older adults/retirees to informally meet the candidates. Please take advantage of this day-time opportunity to let the candidates know the issues important to older adults.

Where? Auditorium, Collington Life Care Community

Time? 1-2:30pm

Thursday, June 2, 2011 – Thank you Parish Contacts! End of Year luncheon honoring your work on behalf of Older Adults. Place: Friendship Terrace (renovations will be complete and the staff and residents want to show you their new facility!)

June 9, 2011 – Seabury Leadership in Aging Awards Celebration. Ask your congregation to support the work of Seabury Resources for Aging by becoming a Congregational Donor. Contact Michele Levy at 202-414-6313 for details or email her at mlevy@seaburyresources.org.