



*Springhouse Assisted Living, Seabury Care Management and
CNSW-DC Metro Chapter Present:*

Introduction to Motivational Interviewing: Building Readiness for Health Behavior Change

**Tuesday, September 21, 2010 9:00- 4:30
at Springhouse of Silver Spring
2201 Colston Dr., Silver Spring, MD 20910**

Speaker: Ali Hall, J.D., MINT

In this brief workshop, participants will learn the essentials of Motivational Interviewing style or spirit and be able to contrast that with MI-nonadherent style; participants will also learn to apply person-centered guiding skills to various content areas such as treatment and medication compliance, self management and symptom monitoring, hoarding and cluttering, and making changes at home or into a more structured environment. This workshop is suitable for social workers and other helping professionals, with or without prior experience with Motivational Interviewing.

**Registration begins at 8:30 am. Complimentary lunch
will be offered. Ride On bus accessible via the #1, #2 or
#11 bus, from the Silver Spring Metrorail Station.
Parking is available.**

****6.0 CEU's for Social Workers****

Non-refundable registration fee is \$40
Please make checks payable to Seabury Resources for Aging
Please submit Registration by Friday, September 17th

Name _____ Organization _____

Address _____

Phone _____ Email _____

Are you a Social Worker requesting CEU's? _____ Will you need parking? _____

Vegetarian? _____ Will you need special accommodations? _____

Please mail completed Registration Form and check to:

Seabury Care Management, 4545 42nd Street, NW, Suite 314, Washington, DC 20016
For more information contact Stephanie Chong at Seabury Care Management at
202-364-0013 or schong@seaburyresources.org

Please tell us how you heard about the program (*circle one*):

Email	ProAging.com
NASW Event Calendar	Direct Mail
Professional Referral	Seabury Care Mgt
Springhouse Assisted Living	CNSW-DC Metro Chapter
NAPGCM	



**Seabury Care Management is formerly ESM Cares*