

HOW WE WORK WITH YOU

First, we meet with you in your home to understand your situation and listen to your wishes.

After that meeting we prepare a comprehensive plan which includes the services and support that will meet your long and short term goals.


We meet again to discuss the plan and answer any questions or concerns that you or your family members have.

Services and in-home support can be arranged and monitored by us.

We provide counseling in times of stress, transition, and illness.

Along the way we revise the plan with you to ensure that the services are still needed and appropriate.

The plan is personal, flexible and designed for you.



**We are available
to meet with you
in your home.
Call 202.364.0020
to schedule an
appointment.**



4545 42nd Street, N.W., #314
Washington, DC 20016

202.364.0020 P
202.364.3044 F

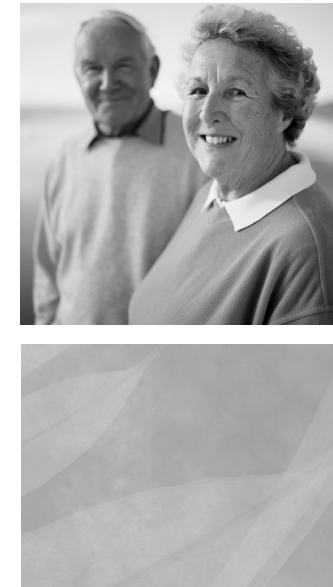
www.seaburycaremanagement.org



ABOUT US

Established in 1996, Seabury Care Management is a non-profit service of Seabury Resources for Aging (formerly Episcopal Senior Ministries).

- Care managers are licensed and hold Master's degrees in Social Work and related fields
- Our professional team has a wide range of expertise and knowledge of resources and services
- We serve older adults in Washington DC, Montgomery and Prince George's Counties in Maryland, and Northern Virginia



Your Life, Our Support

PROFESSIONAL GUIDANCE AND SUPPORT
for older adults and their families

*A service of Seabury Resources for Aging
providing personalized, affordable services
and housing options for older adults.*



YOUR LIFE ... OUR SUPPORT

Our Care Managers partner with older adults, their families and other caregivers to manage the unique health and lifestyle changes associated with aging.

**Seabury Care
Management
Helpline:**
Free information
and assistance
202-364-0020

COORDINATING CARE: SUCCESS STORIES

Examples of how Seabury Care Management assists older adults and their families.

Touching lives

"We are very grateful for the services we received from Seabury Care Management. Your expertise and support were very helpful. My parents were well cared for – and cared about – by you and their caregivers. We were always treated very professionally and respectfully and appreciate the care manager's thoroughness."

– Ms. M., daughter

Reaching out through Helpline

"Thank you so much for the time you spent with me on the phone today. I feel more hopeful about the situation with my parents. I will follow up on the great suggestions you offered. Thank you for the multitude of ideas."

– Ms. T., daughter

Seabury Care Management assists older adults who:

- Wish to remain at home
- Need support through complex medical situations
- Need an advocate
- Want to plan for the future
- Would benefit from a mediator to work through family differences about how to plan care

Seabury Care Management assists family members and caregivers who:

- Are concerned about the health and well being of an older adult and seek professional advice
- Live out of town and need help coordinating care from a distance
- Are looking for guidance in navigating the health care system
- Would benefit from a family conference
- Coordinate services as a court-appointed guardian

Website:

www.seaburycaremanagement.org

Email:

SCMinfo@seaburyresources.org

